

IIS Health & Safety Policy



Inspire Institute of Sport (IIS) is dedicated to fostering a world-class, safe, and healthy environment for all athletes, staff, donors, visitors, and stakeholders. Our commitment to health and safety directly contributes to the well-being of all, supporting peak performance for athletes while ensuring a safe and productive environment for staff and other stakeholders.

A strong health and safety framework not only protects against injuries and ill-health but also enhances performance, well-being, and overall success for athletes, staff, and the broader IIS community.

To fulfil this commitment, IIS will:

Ensure a safe and supportive environment for athletes to perform at their highest level, with proactive risk assessments and hazard control measures in place to minimize injuries and support optimal training conditions. Safe environments allow athletes to focus on performance without fear of preventable injury or illness.

Embed safety within all activities by integrating health and safety considerations into decision-making processes. This approach creates a culture of safety where well-being is prioritized, allowing athletes to train and compete effectively while supporting the health of staff and stakeholders.

Comply with local and global safety regulations, ensuring that IIS meets and exceeds industry standards. This consistency provides assurance that every aspect of training, competition, and daily operations is conducted with the utmost focus on safety.

Promote shared responsibility for health and safety across all levels—athletes, staff, contractors, donors, and visitors. Everyone has a role to play in maintaining a safe environment, which supports the collective goal of performance excellence. Provide comprehensive training and resources to athletes and staff, ensuring everyone is equipped with the knowledge to prioritize their health and safety. Empowering athletes and staff with safety-related knowledge allows them to avoid injury, optimize recovery, and perform at their best.

Prioritize physical and mental health by regularly reviewing safety measures and incorporating psychological support systems. Both mental and physical well-being are critical to high performance, so IIS continually works to maintain a balanced, health-focused environment for all.

Report, investigate, and act on incidents to prevent future occurrences, creating a culture of continuous learning. This process enhances the safety and performance of all involved by ensuring that lessons learned are applied to improve safety systems and practices.

Review and update this policy regularly to stay aligned with evolving regulations and international best practices. This ensures that IIS remains a leader in safety, fostering an environment where athletes can thrive, and all stakeholders are supported.

Encourage open communication around health and safety to ensure that feedback from athletes, staff, and all stakeholders contributes to the ongoing improvement of safety measures, which ultimately leads to better performance and well-being.

This policy is communicated to all staff, athletes, donors, visitors, and stakeholders and is regularly reviewed to ensure it remains relevant, effective, and aligned with IIS's commitment to excellence in performance and well-being.

Tathagata Mukherjee, COO

Signature: 

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